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PRINCETON AREA CHAMBER OF COMMERCE 705 2nd St. N., Princeton, MN 55371

Phone: (763) 389-1764 Fax: (763) 631-1764

www.princetonmnchamber.org Email: pacc@sherbtel.net

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"THEME??"

Sunday, June 6

Little Miss Princeton & Jr. Ambassador Pageant 1 p.m. \$3 at Princeton High School PAC

Sunday, June 7

Princeton Ambassador Coronation, 2:30 p.m. \$6 at Princeton High School PAC

Monday, June 8

Festival Medallion Hunt begins. Clues posted on Chamber website and announced on WQPM Radio 1300.

Tuesday, June 9

Tuesday in the Park, 7 p.m. at the Depot. The Everett Smithson Band with FREE Harmonicas and lessons.

Wednesday, June 10

Distinguished Service Award Dinner, 6 p.m. at the Civic Building contact Chamber for tickets.

Wednesday-Friday, June 10-12

City-Wide Garage Sale and Business-Wide Sidewalk Sales

Thursday, June 11

Rum River Festival Parade with 11 bands plus PHS Band & Choir performing before the parade street-side at the District Office at 5:30 p.m. Parade begins at 6 p.m.

Friday, June 12

Princeton Speedway Races at the Fairgrounds 7 p.m.

Saturday, June 13

Rum River 5K Run/Walk start time 8 a.m. at Mark Park

Saturday, June 13

Street Fair/Games/Food!

Sunday, June 15

Lions Club Fly-In Pancake Breakfast! 7 a.m.-12:30 p.m.



For additional information and registration forms go to:

www.princetonMNchamber.org

CHAMBER OF COMMERCE

CHAMBER SHOWCASE!



Welcome to the NEW Princeton Chamber of Commerce Chamber Showcase!



We randomly draw from our Chamber Members and feature a few each month so the Princeton Area Community can learn more about them. Thank you for supporting our members through your time, talents, donations, and purchasing power!

Freedom Center

www.freedomcenterinc.org 105 6th Ave. S Princeton, MN 55371 763-308-0006 Cheryl Minks & Cindi Naumann, Owners Cindi Naumann, Operations Director

How many years have you been in business?

1 year as of 4/14/15.

TELL US ABOUT WHAT MAKES YOU SPECIAL

Mission: Freedom Center is dedicated to providing a comprehensive continuum of care to alcohol and/or drug abusing adults, adolescents and their families.

How long have you been a Princeton Chamber of Commerce Member?

Newly joined

What services or products do you offer?

Substance Use, Rule 25, Gambling, Anger and Domestic Violence Assessments, Anger Management, Domestic Violence, DWI/DUI and Prevention Education Classes, Outpatient Chemical Dependency Treatment Services for Adolescents (13+) and Adults. Also, Relapse Prevention.

Zimmerman Physical Therapy (Physical Therapy Consutants)

www.physicaltherapyptc.com 26025 3rd Street East Zimmerman, MN 55398 763-482-5270 Mark Netzinger, PT Owner

Vivian Plummber Benzick, Physical Therapy Assistant

vplummer@physicaltherapyptc.com

TELL US ABOUT WHAT MAKES YOU SPECIAL

Mission: Providing you the care you want and the results you need to help you live the life you deserve.

How many years have you been in business?

PTC has been in business since 1997

How long have you been a Princeton Chamber of Commerce Member?

2 months

What services or products do you offer?

We provide outpatient physical therapy services for the treatment of spine, sports and occupational injuries as well as orthopedic and neurological disorders.

What type of referrals help you grow?

Anyone in the community that has been suffering from pain and feels they have tried everything. Zimmerman PT has many different treatment plans for work injuries, auto accidents, weekend warriors and other orthopedic and neurological disorders.

In what ways do you give back to the Princeton Community?

We are new to the Princeton community and although we have not had a chance to give back we look forward to the opportunity to help serve this community any way we can. We are grateful to be a part of the chamber here in Princeton.

What is a little known fact about your organization?

We are a privately owned clinic with 6 other locations in Isanti, St. Francis, North Branch, Ham Lake and Andover. Our owner is a PT and we are not physician owned.

What are your hours?

We are open 7:30-6:30 Monday-Friday

Young Living Essential Oils - Helen Sanford

www.HelenSanford.com 10571 - 35th St. Princeton, MN 55371 612-845-8151 Helen Sanford, Owner thehelensanford@gmail.com

TELL US ABOUT WHAT MAKES YOU SPECIAL

Mission: To bring young living essential oils to every home in the world while creating wellness, purpose and abundance.

How many years have you been in business?

15

How long have you been a Princeton Chamber of Commerce Member?

2 years

What services or products do you offer?

I offer a computer health scan which prioritizes your body's preferences for specific nutritional supplements and essential oils. This information helps you make better decisions about which products will bring you back into balance the fastest for your optimal health. We have pure therapeutic products (personal care, home cleaning, health & fitness, nutrition, kids care, and pets.

What type of referrals help you grow?

Anyone who wants wellness, purpose and abundance in their life by using and sharing Young Living products.

In what ways do you give back to the Princeton Community?

I volunteer for Eucharistic ministry both at church and Elim Home, donate items for fundraisers, cash donations, shop, eat and play in Princeton.

What is a little known fact about your organization?

We are a world leader in essential oils and the only company in the world with a seed to seal guarantee with unsurpassed purity and effectiveness.

What are your hours?

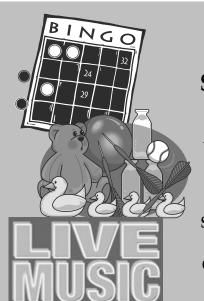
9 a.m.-8 p.m.

Anything else you want the Princeton Community to know about you or your business/organization?

My husband was born in Princeton. I have lived here since we married in 1975. We started J&S Concrete and Masonry in 1978. We have 3 grown sons.

Chamber members: would you like to be featured? Visit our website: www.princetonmnchamber.org and click on the MEMBER section to find the CHAMBER SHOWCASE form. Complete the form and mail, fax or scan and email it to us. We will randomly draw from those submitted.





Sunday Fun Day

Sunday, May 17th • 11:30 a.m.-2:30 p.m. Immanuel Lutheran Church, Princeton All are invited! Come celebrate spring with us.

We will have many activities including: Bingo, live entertainment, special character guests, live music, cake walk, carnival games, jumping castle, crazy hair, face painting, Kids Summer Camp Games and enteratainment by Camp Onamia, a garage sale, silent auction and lunch.

GRAND FINALE: We will close our Fun Day with Immanuel's very own bell choir concert that you won't want to miss!

It's that time of the year again!! Time for the Princeton Splash Park to open for the season!!

The Splash Park will open for Memorial Day weekend! May 23, May 24 and May 25th from 11:00 am – 6:00pm. We will also be open on May 30th and May 31st. The Splash Park opens for the season on June 5th through September 7th Labor Day!

Public hours are 11:00am – 6:00 pm for June, July through August 10. August 11-September 7th the park will be open from 11:00am-5:00pm. \$4.00 per person entering the park. Weather permitting!

Back by popular demand is Tuesdays after hours with the Splash Park Open from 6:00pm-8:00pm June, July through August 10th and 5:00pm-7:00pm August 11th-September 1st for only \$1.00 per person!!

Private Parties are available for 2 hours before the park opens and for the 2 hours after the park closes – Just contact the splash park – e-mail splashpark@ princetonmn.org or our website www.princetonmn.org – click on Splash Park or Call 612-631-2022 for information

• We will announce our Princeton Expo and ECFE drawing winners...Please stay tuned!!

Come meet our staff, say hello to Ashley, Austin, Linda, Baylee and Mike who will be able to answer any questions you may have!

Please watch for the Monthly Special's which you will find in the FOCUS!!

Watch the May Princeton Town and Country Shopper for our clip and save schedule for more summer fun at the Princeton Splash Park!!

Free Seminar
on hip and knee pain
May 13 6:00 p.m.
at Fairview Northland

Register by calling: 1-800-256-2246 and mention reservation code 5258S.

CITYWIDE Garage Sale

During Rum River Festival Week Wednesday, June $10^{\rm th}$ thru Friday, June $12^{\rm th}$

Your sale will be advertised on our map that will be at local merchants, in the Shopper the weekend prior to the sale and also on our website. Sales will be held RAIN or SHINE at your residence or business. Registered Garage Sales will receive a yard sign and a map/list of all registered garage sales that may be picked up on June 9-10 from 9 a.m. to 4:00 p.m. in the Chamber Office.

TIPS FOR A SUCCESSFUL SALE: For best results, be specific about your merchandise! Do you have kid's clothes, tools, jewelry? Let people know what treasures await them at your sale. Get your neighbors to register too! The maps show where there are "clusters" of sales. Several registered sales close together will attract buyers.

Please complete form and subn	it with \$25 registration fee.
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NT / '11 1	1 11.)	9
Name (will not be	made public):	
Address of Sale _		
Nearest cross stre	ets	
Phone Number (w	rill not be made public): _	
email address (wi	ll not be made public):	
CHECK THE DATES	☐ Wednesday, June 11	Hours: to
AND INDICATE THE	☐ Thursday, June 12	Hours: to
HOURS YOUR SALE WILL BE OPEN.	☐ Friday, June 13	Hours: to
	• /	

List some special items or categories we will have at our sale (example: furniture, toys, crafts, collectibles, baby clothes, etc.).

\$25 Registration Fee may be paid cash or check payable to PACC at Princeton Area Chamber of Commerce or may be sent to: PACC, 705 2nd Street N, Princeton, MN 55371. Registration deadline is Thursday, May 21 at NOON.

Princeton May Flare Specials!

Paws Up 4 You

All Chuck It Toys and Life Vests 10% Off

Check out Facebook for Monthly Contest...you could win awesome prizes!

Nikki's - Hair, Skin & Nail Care 410 So. Rum River Dr. 763-389-0653

25% Off All Hair and Skin Care Products

(Excluding Essential Oils)

Family Pathways
605 S. Rum River Dr. • 763-631-5022

Memorial Day May 25, 2015 25-75% Off Storewide Sale **Wilson Sports**

20% off in-stock apparel

including clearance for the month of May



Rum River Festival STREET FAIR Saturday, June 14 9 a.m.-5 p.m.

Rum River Drive between 1st Street & 2nd Street

Artists and exhibitors will feature a wide variety of products. If you are interested in participating in this show, forms are available on the Chamber website www.princetonmnchamber.org or emailed to potential vendors upon request sent to: pacc@sherbtel.net

EARLY REGISTRATION DEADLINE: May 29, 2015

2015 Rum River Festival Street Fair Registration			
Business Name:			
Contact Name:			
Address:			
City:	State: Zip:		
Phone:			
Sales Tax ID	Cell Phone:		
Email (mandatory)			
Detailed Description of crafts/displays/food items being sold			
MUST COMPLETE THIS SECTION TO PARTICIPATE IN SALE:			
Fees: Refundable Deposit: \$65 (please use separate check) \$ This will be returned provided you participate for the entire event and clean up your area when finished. Registration Fee for 10'x10' area: \$ \$25 if received before May 29th for Chamber Members \$40 if received before May 29th for Non-Chamber Members \$60 if received after May 29th for everyone. (Please bring your own table, chairs, canopies, etc.)			
Do you need electricity at addit (available on a first-come, first-(Circle one: YES NO) Will you be using your own gen (Circle one: YES NO)	serve basis)		
Total Enclosed	\$		

SEND: Registration Form, MN Tax ID form, and checks payable to:
Princeton Area Chamber of Commerce (PACC)
705 2nd Street North, Princeton, MN 55371
MUST RSVP by May 28. For questions, contact the Princeton Area Chamber of Commerce 763-389-1764 or pacc@sherbtel.net

Additional forms & guidelines can be downloaded from princetonMNchamber.org

May 2015 Page 5

Mark Your Calendars!

VOLUNTEER OPPORTUNITIES ARE COMING!!

The Week of May 18th we will be planting flowers in the planters around town and we could use your help!!

If you enjoy working with flowers or are just looking for a way to help bring Spring to Princeton, contact the Chamber office at 763-389-1764 or send an email to pacc@sherbtel.net and we will contact you with the exact time and date as we get closer and know what the weather will be like.

Rum River Festival is a week that highlights some of the many aspects that make Princeton a community to be proud of.

If you or your organization would like to volunteer to help make this year's festival successful, please contact the Chamber office at 763-389-1764 or send an email to pacc@sherbtel.net

DISTINGUISHED SERVICE AWARDS DINNER

Dear Friends:

Rum River Festival time is almost here! We know you have someone who has done an outstanding service for your organization or for the community, maybe an extra deed, who deserves special recognition. Everyone wants to know who that special person is. The Distinguished Service Awards Dinner held at the Princeton Civic Center is the perfect place to honor this person. We hope you can arrange to attend this important event.

The Dinner this year is Wednesday, June 10, 2015. Social Hour starts at 6 p.m. The Dinner will start at 7 p.m., with the program following.

Please contact the Chamber of Commerce office if you have any questions at 763-389-1764 or 763-355-4040 or send an email to pacc@sherbtel.net

No Joy can Equal...
The Joy of Serving Others

Special Olympics Minnesota Seeks Leadership Volunteers for Enthusiastic Princeton Team

Help out Special Olympics Minnestoa (SOMN) athletes in your community by becoming a leadership volunteer. Volunteers provide the sports skills and spirit that define a true athlete; they're role models and character builders. Key volunteers manage the Princeton Special Olympics delegation so that athletes can participate in premier competitions where they have the ability to grow and improve physically, mentally and socially.

Volunteer positions available include head of delegation, financial chair, fundraising chair, registration chair, equipment chair and head coaches. Most of these positions only take an hour or two per week seasonally but are vital for a smooth running program. Volunteers do not need any previous involvement with Special Olympics or any specific sports knowledge. SOMN also provides all of the necessary training so that the Princeton delegation will operate successfully. Linda Hines, a Special Olympics coach for the Duluth Allstars delegation said, "I have always received far more than I have ever given. The spirit of Special Olympics is in the eyes and hearts of the athletes and amazing volunteers." Please consider donating your time to a great organization. These are wonderful, engaging and rewarding volunteer opportunities that directly impact your community!

If you are interested in becoming a leadership volunteer with Special Olympics Minnesota Princeton team, please contact Ben Swarts at ben.swarts@somn.org or 612.604.1257.

About Special Olympics Minnesota

Special Olympics Minnesota provides year-round sports training and competition in 17-Olympic type sports for more than 8,000 children and adults with intellectual disabilities. Through Special Olympics' athletic health and leadership programs, people with intellectual disabilities transform themselves, their communities and the world.



The Princeton Ambassador Program Presents...

Little Miss Princeton & Junior Ambassador 2015 Pageant

Saturday, June 6th

Check-in: 10:30am

Little Miss Princeton and Junior Ambassador Pageant: 1:00pm At Princeton High School Auditorium (The PAC) in Princeton

3 Judges will be observing the Candidates poise, personalities, energy and behavior

There are 2 Age Categories with registration LIMITED to the first 15 girls in each age category.

8 -9 years of age Little Miss Princeton 10-16 years of age Junior Ambassador

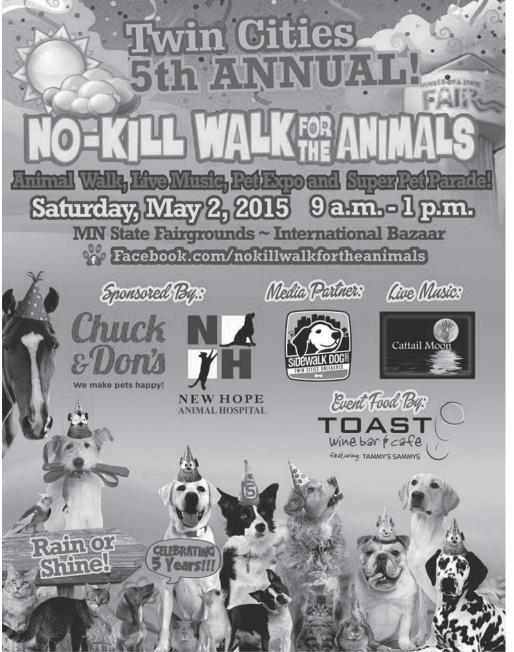
Pre-Register by Sunday, May 31st for \$20. Register June 1st – 5th for \$25. Fee includes a 4x6 Photograph and 1 admission ticket to the Pageant.

No Registrations permitted the day of the event.

Tickets are available at the door. Doors Open at 12:50pm General Admission Tickets \$3 and Children 7 and under are \$1

For more information contact: princetonambassadorprogram@gmail.com

Call Jasmine Carr (763) 220-9849 or Karen Michels (763) 355-4040











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glennmetalcraft.com

The "Princeton Symphony Orchestra" has a nice ring to it, doesn't it?

Starting April 15th, the Central Minnesota Art Co-op will be offering music leassons!

WHY MUSIC? Music helps educate the whole student. Music allows for a deeper engagement with learning. It nurtures assets and skills that are critical to future success, including creativity, curiosity, determination, and motivation.

BEGINNING ORCHESTRA is starting April 15th at the Central Minnesota Co-op. Learn violin, viola, cello, or bass in a group and/or individual setting. Open to all ages (two sessions available). Instrument rental available. To learn more, click here to sign up for the pre-registration meeting: http://www.cmnartcoop.org/beginning-orchestra.

ABOUT THE INSTRUCTOR: We are very blessed to have the talents of violinist Jill Selin. Jill has taught in Germany, String Academy in Chicago, Bellas Artes School of Music and Wheaton Academy. View Jill's background here: https://suzukiassociaion. org/people/?id=jill-musick-selin.

This is a WONDERFUL opportunity for Princeton, please for-













June 9

Everett Smithson Band with Free Harmonicas and lessons

June 23

Choo Choo Bob Show

7:00-8:30 p.m. Music

All events held at the Mille Lacs County Depot Museum 101 So. 10th Ave., Princeton

FINANCIAL FOCUS:

Help Mom with her Retirement Income Strategy

Article 8-May 4, 2015

Mother's Day is almost here. This occasion may have special significance for you if you've been fortunate enough to have your mother around for your adult life. So naturally, you'll want to bring Mom some flowers or another gift. But if she's planning to retire soon, you may want to think about a longer-term way to improve her life namely, by initiating a conversation about her retirement income strategy.

Of course, she may already have matters well in hand. But a great many people on the verge of retirement have not planned for those years, so you may be able to provide some valuable suggestions. Here are a few ideas:

Boost contributions to retirement plans. If Mom is still working, urge her to contribute as much as she can afford to her IRA and her employer-sponsored retirement plan, such as a 401(k). The chances are pretty good that she will be spending many years in retirement — in fact, the average life expectancy for a 65-year-old woman is 20.5 more years, according to the Centers for Disease Control and Prevention. So she'll want to accumulate as much as possible before she bids "adieu" to the working world.

Discuss appropriate withdrawal rates. Encourage your mother to meet with a financial professional to determine an appropriate rate of withdrawal from her investments. To help ensure that she doesn't outlive her resources, she needs to avoid taking out too much during her early years of retirement.

Take care of legal arrangements. If you haven't already done so, ask your mother if she has drawn up the important legal documents related to her estate plans. Does she have a will? Has she created a durable power of attorney, which allows her to name someone to make financial and health care decisions on her behalf if she becomes incapacitated? As you know, this is a sensitive topic, so you'll want to approach it with care.

Evaluate Social Security options. Your mother is probably well aware that she can start taking Social Security as early as age 62, but will get much bigger monthly payments if she waits until her full retirement age, which will likely be 66 or 67. But she may not know that she might be able to benefit from a Social Security "spousal strategy" that could result in her receiving more income than she could get by just taking her own benefits. For example, if her spouse is the higher wage earner and can afford to delay taking benefits, your mother could eventually receive higher survivor benefits. Or, your mother and her spouse could employ a "file and suspend" strategy. Under this strategy, her spouse, upon reaching full retirement age, files for retirement benefits and then immediately requests to have those benefits suspended. As a result, your mother can file for spousal benefits, which would be larger than what she would receive at her full retirement age. To make sure they are making any Social Security-related moves correctly, though, your mother and her spouse will want to consult with a tax advisor who is thoroughly familiar with Social Security rules.

You want your mother to enjoy a long, happy and active retirement. So, talk to her about the moves she can make to help turn that aspiration into reality.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.









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SUPPORT PRINCET

Help support local businesses to ensure a strong community!

Chamber Luncheon

Tuesday, May 12 @ Ossell's Garden

Tent in the Back

11:30 p.m. Registration 12-1 p.m. Luncheon & Presentation

Topic:

Spring & Summer **Activities**

PLEASE RSVP



SUNDAY MONDAY TUESDAY

THURSDAY WEDNESDAY

FRIDAY

SATURDAY

2

3

June FOCUS Deadline

15

Sherburne NWR Spring Celebration 7 am-1 pm

16

Girl Scout Recycling @ ShopKo Parking Lot

by May 11 at Noon

FREE Burgers/Hot Dogs 11:30-12:30 PACC Board Mtg. Friends of the Library Mtg. @ Rum River Automotive 4 pm @ Council Chamber 10 am @ Comm. Rm 10 13 12 14 DTC Mtg. 11 am @ Ossell's **PACC General** PAVC Mtg. Girl Scout Recycling @ Membership Luncheon Dr. Lorge on Hip & Knee City Council Mtg 7 pm ShopKo Parking Lot 8 am @ K-Bob Cafe 11:30 @ Ossell's Pain 6 pm @ Fairview @ Council Chamber 15 Fun Day @ Immanuel FREE Burgers/Hot Dogs

11:30-2:30 pm Splash Park **OPEN** Splash Park OPEN

11 am-6 pm

Lutheran Church

Splash Park OPEN 11 am-6 pm

Ruff Start Spay & Neuter

Program

26 DTC Mtg.

11:30-12:30

@ Rum River Automotive

PACC Board Meeting City EDA Meeting 4 pm @ Council Chamber 6 pm @ Council Chamber

City Council Mtg 7 pm

@ Council Chamber

20

11 am-6 pm

Splash Park OPEN

Splash Park OPEN 11 am-6 pm

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Want your Events on the Calendar HERE & ONLINE?

Email your group or organization <mark>information to pacc@sherbtel.net</mark> or visit our website at <mark>www.princetonmnc</mark>hamber.org

GET CONNECTED!