

VOL. 16, NO. 6

PRINCETON AREA CHAMBER OF COMMERCE

705 2nd St. N., Princeton, MN 55371 Phone: (763) 389-1764 Fax: (763) 631-1764

www.princetonmnchamber.org Email: pacc@sherbtel.net Monday - Thursday Noon-5:00 p.m. Friday CLOSED

CHAMBER BOARD OF DIRECTORS - 2013

PRESIDENT

Scott Berry Berry Law Offices 763-389-0178

VICE PRESIDENT

Bob Michael Marv's True Value 763-389-3201

TREASURER

Deb Ulm Steinbrecher Painting 763-389-3887

VICE TREASURER Mark Oleen

Sherburne State Bank 763-389-4099

DIRECTORS

John Herman Fairview Northland Medical Center 763-389-6373

> Marni Gustafson Sterling Pointe Senior Living 763-389-8655

Troy Minske Rum River Automotive 763-389-3811

Sandy Miller Cartwright Realty, Inc. 763-389-2323

Gary Fulton Rum River Promotions 763-389-5838

Sherry Newman VA Business Services 4U 612-209-5534

> Tim Siercks Minuteman Press 763-389-1220

Jim Oliver Interim Executive Coordinator Published By Princeton Area Chamber of Commerce

JUNE 9-16, 2013

TAKE ME TO THE RIVER
The Memories, the places,
the community we'll never forget!



Princeton Ambassador Program Pageant, 6 p.m. \$6.00

Monday, June 10

Festival Medallion Hunt begins. Clues posted on chamber website and announced on WQPM Radio 1300.

Wednesday, June 12

Distinguished Service Award Banquet at Princeton VFW

Thursday, June 13

Rum River Festival Parade with 11 bands plus our own pep band, 6 p.m.

Thursday & Friday, June 13 & 14

Citywide Garage Sale DOWNTOWN SIDEWALK SALES

Friday, June 14

Classic Country Music with Alan Godage and Sundown 6-10 p.m. at Riverside Park, sponsored by PAVC

Friday, June 14

Princeton Speedways Races at the Fairgrounds, 7 p.m.

North Mall Rum River Drive between 1st St & 2nd St N

Saturday, June 15 Rum River 5K Run

STREET FAIR

8:30 a.m.-4 p.m.

Street Fair, Kiddie Games, Car Show 9 a.m.-5 p.m.

June 2012

Sunday, June 16

Lions Airport Brunch with Car and Model Airplane Show and Kids Paper Airplane Contest! 7 a.m.-12:30 p.m.

WATCH FOR ADVERTISED BUTTON SPECIALS.

\$1 Buttons sold at: Ace Hardware, Coborn's, K-Bob Cafe, Marv's True Value, Ossell's, Hierlingers Shoes, Princeton Book & Bible, and Thrifty White.

Wear your button into Ossell's during the Festival and receive 30% of regular price items

wear your button into Osser's during the Festival and receive 30% of regular price items



168 14:14 1:10014:

Rum River Festival Friday, June 14

Classic Country Music with Alan Godage & Sundown

Rum River Festiva **STREET FAIR**

Saturday, June 15 • 9 a.m.-5 p.m.

Rum River Drive between 1st Street & 2nd Street

Artists and exhibitors will feature a wide variety of products.

If you are interested in participating in this show please contact www.gingerbreadshows.com • 651-457-8980 sponsored by Princeton Area Chamber of Commerce

June 13 Focus 1

Page 2 June 2013

Renu Décor & Fashion

Renu Décor & Fashion is a family owned small business operated by Alicia and Kevin Stahl, a husband and wife team. Alicia has been running this business out of her home for a number of years and was doing rather good at it. Kevin, wanting his living room, family room, bedroom and kitchen back, suggested to her that they should open a real store. So they leased the property on County Road 2 and opened Renu Décor & Fashion Consignment Boutique. The store has been received by the Princeton, Zimmerman communities and has more than doubled in size in the last month. Alicia and Kevin decided it would be a good business decision to move the business to a larger building in the Business district of Princeton to accommodate the growing inventory as well as make the store convenient for more people to visit.

Renu Décor & Fashion has signed a lease on the old Radio Shack building, which is located at 403 1st Street between the Princeton Bible & Book Store and Minuteman Printing. They took possession of the building on May 15th and are planning to be open for business at their new location by June 1st. Until then you can visit their current store at 10842 313th Ave. NW, which will remain open until they move into the city.

Renu Décor & Fashion is a brand name consignment store which offers gently used, like new name brand clothing, jewelry, home décor, bath and beauty items, fashion accessories, as well as antique and vintage items. They are adding new inventory daily, so make sure you check out their store often. Or, if you are looking for something in particular, let them know and they will actually seek the item out and find it for you. No other store will actually act as your personal shopper.

Renu Décor & Fashion is not just another discount used clothing store. Renu Décor & Fashion is about community. They partner with local and regional artisans who supply the store with high quality handmade crafts and wares that have been constructed with a passion for the craft. These relationships provide Renu Décor & Fashion with high quality, functional, cost conscious items that cannot be equaled in quality by the big national stores. This old school approach to product procurement not only gives them better product offerings, but also strengthens and builds the local economy.

Renu does accept walk in consignments of clothing and household décor items without an appointment on consignments of fewer than 25 items. They will accept larger in-store consignments by appointment by calling 763-220-6029 or by visiting their website at www.renudecor.com. You can also follow them on Facebook or Twitter. They also have a text club that you can join by texting "renu" to 25827. They will accept clothing without defects, such as odors, tears or stains, and all clothing must be recently laundered. There is more information on their website as well as a partial accepted designer list, or you can always call the store for more information.

Renu Décor & Fashion also offers an in-home consignment program. You can simply call the store or go online and schedule an appointment and they will come to your home and pick up your items. This service is offered throughout the seven county metropolitan areas as well as Mille Lacs and Isanti Counties. This service saves you the time and energy of lugging your items into the store as well as offers Renu Décor & Fashion shoppers the highest quality and broadest selection of name brand clothing and décor items of any similar store. Kevin calls this practice "local importing." He said he imports much of Renu Décor's clothing and household décor items from the affluent metro communities where a lot of high priced under used items are originally purchased. Alicia and Kevin invite you to stop in and take a look.

Chamber Member

and students like me.

I would like to thank Scott Berry and all the outstanding members of the Chamber of Commerce for making this wonderful opportunity and experience possible. I would also like to thank Heather Sorenson and all the staff at Princeton High School, along with all of my family members."

Kris Klein is a junior at Princeton High School and is involved in NHS and the high school band program, which he plays the trumpet in. He loves four wheeling, fishing, hunting and any other outdoor activities. Kris has lived in Princeton his entire life and he enjoys the small piece of paradise that he lives on just east of Princeton. Kris' parents own 170 acres out there and they have a small cattle farm. He and his dad also deer hunt and duck hunt out there. The family also has three lake lots in Northern Minnesota where they are always doing something on the water whether it is tubing, kneeboarding, waterskiing or fishing.

Kris Klein named Honorary C

Kris Klein, a student at Princeton High School, was recently invited to be an honorary member of the Chamber of Commerce.

Kris stated, "I thought this was a wonderful opportunity to become more involved with the business side of Princeton along with helping resolve some issues throughout the community. When I found out I had the opportunity to be a part of the Chamber of Commerce I knew it was a great opportunity but I wasn't sure what it was all about. After going to one of the meetings and talking to a few board members I realized just how amazing the Chamber of Commerce and the members are. It was humbling to see just a small portion of the business men and women of Princeton and how they are not just worried about how their business is doing or how big their business is. In fact, this wasn't the case at all. I realized that they really do care about not only their business but about the everyday people in the community. It was also great to see that they care about the future, the kids







Electrical Service Upgrades

One of the main services that Hansen Power & Lighting offers is electrical service upgrades.

The most common upgrades for homeowners are from fuses to breakers or from 100 amp to 200 amp.

Many older homes still have existing fuse boxes instead of circuit breakers. Fuses are just plain out of date and most fuse panels consist of a 60A main with very few branch circuit options. If you are planning to remodel or add an appliance such as air conditioning, a heat pump or you just want more power in your garage for tools, the first thing you need to consider is upgrading to a breaker panel.

A lot of new homes built in the last 20 years were built to bare minimum specifications with unfinished basements, no central air conditioning and were wired to minimum code requirements with 100 amp 20 space panels. This leaves very little room for future electrical items such as air conditioning, hot tubs, saunas, air compressors, electric space heaters, welders, large power tools, swimming pools, out buildings, garbage disposals or even a lack of power for Christmas lighting.

Before purchasing any of the above mentioned items or beginning an addition, basement finish or out building construction, the service size and available circuit spaces needs to be taken into consideration. In most cases a 100 amp service will prove over time to be insufficient for your needs and wants.

Contact Dale Hansen, Hansen Power & Lighting, at 612-369-5991 for any electrical questions.

Join Cub Scouts Now!

Princeton Cub Scout Pack 116 invites you to join us in all the fun! Cub Scouting is for boys in 1st through 5th grades and provides opportunities to learn new skills, meet new people, build friendships and most of all, have FUN!

Some of the activities we've done in the past year are: Day Camp, Summer Camp, Scouting for Food - collecting donations for the Princeton Rotary, Camp Nanuq - Sleep in the "Castle" and participate in outdoor winter activities, Pinewood Derby, Bottle Rocket Launch, Refuge Roadside Cleanup and Raingutter Regatta.

The Boy Scouts of America and Pack 116 provides youth with programs and activities that allow them to: try new things, provide service to others, build self-confidence, and reinforce ethical standards.

Scouting helps youth develop academic skills, self-confidence, ethics, leadership skills, and citizenship skills that influence their adult lives

For more information and to sign up, please email us at princeton-pack116@gmail.com or call Ron at 320-266-6981 or Lisa at 612-219-3271. We look forward to getting to know you!

Grow Your Business with the NEW Chamber Business Networking Group

The Princeton Area Chamber of Commerce is in the process of organizing a Business Networking Group for its members. The Business Networking Group is being formed to assist chamber members in growing their businesses through recognition and referrals, building relationships with other businesses, and helping themselves and others succeed. The group has met on two occasions to vote for officers and to discuss what benefits the members would like to achieve. It had been decided that the Business Networking Group will meet the first and third Tuesday of each month from 8:30 a.m. to 9:30 a.m. The meetings will be held in the conference room at Berry Law Offices, located at 206 South Rum River Drive, until further notice. We encourage all Chamber members to take advantage of this great networking group.

June 13 Focus 2 5/22/13 11:19 AM

PRINCETON LIONS CLUB

AIRPORT BRUNCH

AT THE PRINCETON AIRPORT

SUNDAY, JUNE 16, 2013 7:00 A.M. – 12:30 P.M.

• Adults – \$8.00 • Children 5-12 – \$3.00





AIRCRAFT FLY-IN & MODEL PLANES ON DISPLAY CAR SHOW - ANTIQUE, HOT RODS

All-You-Can-Eat Brunch: Eggs, Hash Browns, Pancakes, Kielbasa, Orange Juice, and Coffee PROCEEDS GO TO LIONS' CHARITIES IN THE PRINCETON COMMUNITY

BIDDING IS OPEN NOW!



Ruff Start Rescue is hosting the Second Annual On-Line Auction Event in our continuing effort to save the lives of animals in need. Since Ruff Start Rescue started in March 2010, we have saved over 1100 animals. In 2012 alone we saved more than 600 animals and want to be able to save even more in 2013.

Ruff Start Rescue would be honored if you would partner with us by viewing and bidding on items donated by local businesses so we can reach our goal. Viewing and bidding is easy, the auction is on our website:

www.ruffstartrescue.org

Bidding begins June 1, 2013 and continues through June 15, 2013

Thank you for your help! We look forward to your participation in an effort that truly makes a difference in our community and the lives of so many animals in need.

28,060

Number of new cancer cases reported in Minne28,410

Number of new cancer cases estimated to be sota in the year 2012. reported in the year 2013.

Join us to help finish the fight.

Sixty years ago, 1 out of 3 people diagnosed with cancer survived at least 5 years. Today, thanks in part of the American Cancer Society, 2 out of 3 will survive. Let's make it 3 out of 3.

challenge YOU to finish the fight!

Dear friends of Princeton Chamber of Commerce,

Your neighbors and friends have either helped organize the Mille Lacs County Relay for Life, or they have participated in the event as a team member. This year I challenge the Princeton Chamber of Commerce members to join us in this amazing

The relay is a 12-hour event, beginning on Friday evening of August 2nd at 6:00 p.m., lasting until 6:00 a.m. on Saturday morning of August 3rd. It will take place at the Princeton High School track and the objective is to have one team member on the track at all times. One reason the relay lasts overnight is because the ugly truth that cancer never sleeps. The purpose of the event is to raise money and awareness to help put an end to cancer. The event is personally rewarding to all who participate for reasons of giving others hope, showing support, and providing strength to all our loved ones who are impacted by cancer. Another added benefit is the amazing sense of community you will feel when you see so many of your friends and neighbors band together for a common cause.

I challenge you to help finish the fight against cancer. To sign up, go to relayforlife.org and find your event "Mille Lacs County Relay for Life." For additional information contact Terri Kroll at 763-439-5172 or terri.kroll@hotmail.com

Together We Can Finish the Fight

100 years ago, the American Cancer Society started the fight of a lifetime. Together we can finish that fight. Let's boldly join together to make this cancer's last century.



COMMUNITY **EDUCATION UPCOMING EVENTS**

Minnesota and the Civil War Exhibit Experience - 18+ Day Trip July 23 • 9:30 a.m.-3 p.m. • \$28

The cornerstone of the Society's commemoration of the 150th Anniversary of the U.S. Civil War will be an interactive exhibit at the Minnesota History Center. This exhibit features more than 170 artifacts; four multimedia experiences where visitors can hear firsthand accounts about the patriotic fervor of enlisting and fighting; letters written to love ones at home; the experience of battle; and the legacy that followed. Also, a telegraph interactive allows visitors to type out a message as if they were sending commands to or from the battlefield.

Must have a minimum of 40 people attend.

Taylors Falls Scenic Boat Tour & Luncheon - 18+ Day Trip

July 20 • 11 a.m.-1 p.m. • \$50

Relax for 2 hours and enjoy an outstanding luncheon while your riverboat pilot and tour guide point out the unique rock formations and the history of the St. Croix River Valley. Your meal includes: baked chicken, mashed potatoes, coleslaw, baked beans, assorted rolls and a brownie.

Registration with Community Education will become available on April 1st. Must have a minimum of 40 people attend. Please call Community Ed to register at 763-389-4789.

The weather is getting warmer, which means

The Princeton Splash Park is Open for the Season!!

Come join us and "Make a Splash in Princeton"

Public hours are 11:00am - 6:00 pm for June, July through August 10th. August 11th-September 2nd the park will be open from 11:00am-5:00pm.

NEW THIS YEAR - TUESDAY'S AFTER HOURS - 6:00pm-8:00pm June, July through August 10th and 5:00pm-7:00pm August 11th-September 2nd Weather permitting!

Cost is \$4.00 per person. TUESDAY'S AFTER HOURS just \$1.00!!

Private Parties are available for 2 hours before the park opens and for the 2 hours after the park closes - Just contact the splash park - e-mail splashpark@princetonmn.org or our website www.princetonmn.org - click on Splash Park or Call 612-631-2022 for information Monday June 10, 2013: CELEBRATE PRINCETON SPLASH PARK 10TH ANNIVERSARY: Buy 1 admission - get 1 admission Free - ALL DAY!!

Friday June 21, 2013 – BARRINGTON OAK'S FREEZIE DAY

Get a FREE freezie with your admission to the Princeton Splash Park - Compliments of Barrington Oaks Veterinary Hospital

I would like to congratulate Kortney Carlson

(The Early Childhood Education Fair winner) who has won free unlimited splash park entries for her family for the month of July!!

2013 SCHEDULE

6/7 Billy Anderson Memorial – UMSS Sprint Cars 7:0	00 p.m.
6/14 Rum River Festival Race Night 7:0	00 p.m.
6/21 Kids Night 7:0	00 p.m.
6/28 Friday Night Race 7:0	00 p.m.
7/5 4th of July Spectacular 7:0	00 p.m.
7/12 Friday Night Race 7:0	00 p.m.
7/19 Kids Night - Meet the Drivers 7:0	00 p.m.
7/26 Block Party 7:0	00 p.m.
8/2 Friday Night Race 7:0	00 p.m.
8/16 Kouba Memorial – UMSS Sprint Cars 7:0	00 p.m.
8/23 Kid's Night 7:0	00 p.m.
8/30 Season Championship 7:0	00 p.m.
9/20 P-Town Show Down 7:0	00 p.m.
9/21 P-Town Show Down Finale 5:0	00 p.m.

PRINCETON, MINNESOTA TENTATIVE 2013

SCHEDULE

June 4

Princeton High School

June 11

Everett Smithson MN Blues

June 18

Jerry Chmielewski Polka

June 25: A K Blackburn Trio

July 2: Tarvey's

July 9

Elizabeth Keeney MN Idol

July 16: BLT Band

July 23

Tom Vrchota Alternative Country & **Bag Pipes**

7:00-8:30 p.m. Music

All events held at the Mille Lacs County Depot Museum, 101 So. 10th Ave., Princeton

In case of rain, concerts will be held in the Great Northern Room. This activity is made possible, in part, by a grant from the East Central Regional Development Commission and The East Central Arts Council with funds provided by the Minnesota State Legislature.

Princeton Ambassador Pageant
The Princeton Ambassador Pageant will take place at the New Life Church in Princeton on Sunday, June 9 at 6:00 p.m. Pageant admission tickets will be \$6.00 each. The theme this year is "Down by the River." Candidates are sponsored by local businesses who receive exposure through the program during the candidacy period, are featured during the pageant, and with the winning Ambassador's Sponsors being mentioned and credited throughout the Ambassadors' reigning year. Please e-mail princetonambassadorprogram@gmail.com with any questions.

Junior Ambassador Pageant
The Junior Ambassador Pageant (formerly Little Miss Princeton) will be held at Princeton's Trinity Crossing on Saturday, June 1 at 2:00 p.m. Eligible candidates are young girls ages 6-14, living within the Princeton, Zimmerman and Milaca school districts. One Junior Ambassador will be chosen from each of these age groups: 6-7, 8-10, and 11-14. Tickets to the Junior Ambassador Pageant are \$3 each.

After the Junior Ambassador Pageant, there will be an Ambassador Sponsor Spaghetti Dinner Fundraiser from 5:00-7:00 p.m. with minimum donation of \$6.00 for adults and \$3.00 for kids 10 and under. All proceeds benefit the program and scholarship fund for the Ambassadors. Visit our website at: www.princetonambassadorprogram.weebly.com and on Facebook at www.facebook.com/ princetonambassadorprogram for more information!

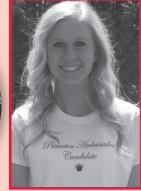


Heather Anderson Coffee Corner/



Radiance Salon & Spa





Hailey Wheeler Ossell's/Louise's Basement **Boutique**



Makayla Luke Minnesota Sportsman's Club

Emily Cassiday Allison Sterneman Princeton Health & Fitness Marv's True Value

Princeton Ambassador Pageant Sunday, June 9 ° 6 p.m. New Life Church - 2061 100th Ave. Hot Dog Cookout beforehand In New Life Parking Lot 5-6 p.m. \$6 Admission, \$5 w/RR Fest Button

16TH ANNUAL RUM

RIVER FESTIVAL

5K Family Run/Walk

Saturday, June 15, 2013

8:30 AM Register at 7:00 am in the Community **Room of the Princeton Area Library** Race begins at 8:30 a.m.

WALKERS ALSO WELCOME

All Individuals who are registered by

May 15 are guaranteed a t-shirt.

Downtown Princeton; Intersection of 1st Street and 4th Avenue South, in front of the library. Out and back course mainly on pavement.

To Receive An Entry Form PRINT OFF AT WWW.PRINCETONMNCHAMBER.ORG OR CALL: 763-389-1764.

Princeton June Flare Specials!

Princeton Book & Bible 405 1st St. • 763-389-1499

We are celebrating Rum River Days in Princeton. We have a store-wide special:

10% Off all non-sale items

*Except Willow Tree Visit us on Facebook or our website www.princetonbookandbible.com **Rum River Automotive** 101 4th Ave N • 763-389-3811

> **Buy 4 Tires and** Get \$50!

Princeton Wine & Spirits 1901 5th St. N • 763-389-3613

> **Phillips UV Vodka** 1.75 liter \$16.99

Family Pathways 605 S. Rum River Dr. • 763-631-5022

10% Off Storewide

Reynolds Balloon & Party 807 3rd St. N • 763-389-4613

50 Foot Aisle Runner \$3.50

(reg. \$10.99)

Marv's True Value 31620 125th St. NW • 763-389-3201

1/2 Off 24-hour Carpet **Cleaning Rental**

(\$12.00 Value)

Ossells

105 N. Rum River Dr. • 763-389-1565

Buy one Get One 1/2 **Price on all Clearance** Merchandise

Aircare Heating & Air 2535 320 1/2 Ave. NW • 763-634-4100

\$10 Off Service Call

Hierlinger's Shoe Store 502 1st St. • 763-389-2462

15% Off Regular Priced Merchandise

Taco John's

301 S. Rum River Dr. • 763-389-5478

10% Off Total **Meal Price**

Northwoods Animal Hospital 12513 318th Ave. • 763-631-6924

\$10.00 Nail Trim

Princeton Area Chamber 705 2nd Street N • 763-389-1764

\$4 OFF the Dunn **Bridge Cutting Board**

(reg. \$20)

Integrity Automotive 32003 128th St. • 763-389-1812

Radiator Cooling Fin Cleaning (with \$150 invoice)

11448 300th Ave. • 612-308-4899

VenAura Web Hosting & Design

FREE! **Website Review &** Consultation

Louise's Basement 105 N. Rum River Dr. • 612-309-1974

10% Off Purchase of \$50 or more



Nikki's is a new salon in town that is owned by Nikki Elton, a native of Princeton, located at 410 South Rum River Drive just south of Holiday Gas Station. The 1930's house was completely remodeled inside by Nikki's brother, Nate Cok, of NC Contracting of Princeton. During reconstruction he tried to keep the old charm and character as much as possible. When you walk into Nikki's you see the tall ceilings, windows with the original woodkwork and old fashioned lace curtains.

Nikki's specializes in hair nails and skin care. The services offered for hair are hair cuts, colors, foils, perms, clarifying treatments, deep conditioning treatments and waxing. The services offered for nails are gel polish, acrylic and manicures. Nikki's also offers facial treatments and carries a complete line of glotherapeutic products and can make you recommendations according to your skin type or skin problem you may have.

Nikki, along with her assistant Tammy Reiss, have a combined total of 36 years experience in the field

In addition, Nikki's offers the service of Aromatherapy & Massage by Maria Werner, another native of Princeton, who has 12 years of massage and bodywork experience. Maria's therapy guides the body, mind and spirit into balance, reducing pain and tension caused from stress on the body. She offers a wide range of bodywork: Therepetic Massage, Swedish, Deep Tissue, Myofascial Release, Trigger Point Therapy, Pregnancy Massage, Hot Stone Massage, Reflexology, Craniosacral Therapy, Aromatherapy, Emotional Release, Energy Work, Chakra Balancing and Personalized Aromatherapy blending sessions. Maria designs each session to fit your personal needs by combining a number of different modalities to restore balance and harmony within the cells of your body, mind and soul. Walk into the salon and you will smell the aroma of the essential oils she uses. She can blend one just for you.

Nikki's offers exceptional customer service. Men and children are welcome. Come in and relax, let Nikki, Tammy and Maria pamper you!

A Turn of Events is coming to The Princeton Speedway

Ashly Keifer plans craft and vendor fairs for community events. She opened her business, A Turn of Events, earlier this year. Keifer has a background in direct sales and she handles the advertising for all of her events.

On nights the Princeton Speedway is running races, A Turn of Events will be there with vendors, make sure to stop in Princeton Speedway and join the fun! Businesses and direct sales companies can register for this and other events at www.aturnofevents.net. If the show is already full, there will not be a link to register. A Turn of Events limits the number of booths selling the same thing, so there is a wide variety of items.

Keifer has helpful tips on what vendors should bring to their booth listed on the A Turn of Events website. Vendors who do not have a table, chairs, or a tent can rent them additional charge. After a show, customers can get information about the vendors they saw by going to the website and clicking on the event they attended.

Companies and organizations who would like A Turn of Events to plan their next event can contact Keifer by going to the website, emailing info@aturnofevents.net or calling 763-

CrossFit Beyond Sport Boot Camp

"I'm so sick of being unhealthy. Working out sucks! I just can't stick with anything. I'm so bored of doing the same thing and getting nowhere. I'm too busy. My kids need me to run them around. I've always been big; it's just how I am. I'm not that out of shape. My life is out of control."

You know what? YOU are not the problem. YOUR EXCUSES ARE! We don't believe in excuses.

CrossFit Beyond Sport Boot Camp will help you finally get REAL results in a supportive environment. Our mission is not only to teach you how to get the results you need; but to guide you through every step of the process. Through accountability and the support of our amazing fitness community, you will succeed!

CrossFit Beyond Sport has improved the fitness of everyone from cubical dwellers and couch potatoes to nationally ranked martial artists and ultra-marathoners. Our classes are for those who, no matter where they are starting from, are truly committed to changing their life in a positive and supportive atmosphere!

What you can expect from Beyond Sport Boot Camp: Core strength and a tighter back side; Nutrition Education - not a pitch to buy a bunch of "diet food"; Function that will apply to any sport and everyday life; Accountability of goals for maximum results; Increase in strength and cardiovascular endurance; Increase in coordination and agility.

What kind of success can you expect? If you show up regularly you can expect to experience fat loss as well as better muscle tone, shape and strength. Through participating in classes you will increase stamina, endurance and flexibility. Many of our current clients have increased their energy level, vitality and self-confidence.

6 Week Course starts Monday, June 10th • 4:30 p.m. M-W-F • Register at www.crossfitbeyondsport.com/Boot-Camp

Civic Betterment Club

Special thanks to the Lions who helped Judy Barnes, Gloria Bromberg, Maureen & Allen Gould, and Char & Wally Kramersmeier bring items to the Depot for our garage sale last month. Others who helped throughout the sale were Bonnie Belair, Jan Dery, Betty & Glenn Jensen, Sharon Leider, Minnie Lofboom, Betty McAlpine, Pam Schlagel, Marilyn Stewart, Joanne Vork and Dawn Wallenfelsz. We appreciate all who stopped at our sale as the weather did not cooperate. We did raise a portion of the funds needed to purchase a commercial stove for the Civic Center, and we will continue with this fundraising project.

Lots of activities are planned for our community this summer. June 4 is the American Red Cross Blood Bank at Trinity Crossings and Tuesdays in the Park starts June 4. The Rum River Festival will start June 9 and we plan to honor Gloria Bromberg, our Distinguished Club Member, at the Distinguished Awards Banquet on June 12. Congratulations to Gloria as she is a dedicated club member and a volunteer who will help whenever and wherever needed, plus she has dealt with radiation. Gloria is our Member-At-Large, and helps with the Blood Bank, Santaville, Wine Tasting, and Garage Sales, plus she is on the Calling & Craft Committees. She will be in the parade on June 13, so give her a shout! We also plan to be at the Craft Fair on June 15, so stop by to check out the Rada Knives that will be on sale. Pioneer School starts June 17. Registration is through Community Ed, so check out page 36 of their summer brochure for details.

We will not have monthly meetings during the summer, but June is "President's Choice" month for a fun outing. Judy Barnes has chosen Captain's on Long Lake (763-444-5897) to have lunch on June 18 at 11:00 a.m. We will meet at 10:30 by the Depot Museum to share rides. Everyone is welcome to join us, just call Judy Barnes (763-389-5855) for reservations or questions.





Helping your business succeed

202 Rum River Drive South • Princeton • 763-389-2020 190 Central Avenue South • Milaca • 320-983-3186 26120 3rd Street East • Zimmerman • 763-856-4020 24-Hour Banking: 1-800-908-BANk • Bremer.com Member FDIC



Established 1945 PRINCETON, MINNESOTA

Support Princeton Area Chamber of Commerce VOLUNTEER • BE INVOLVED

Changing Jobs? Don't let your 401(k) slip away

Today's job market is more transitory than ever. And, as more and more individuals switch jobs, they begin to wonder what they should do with the money they have accumulated in their employer-sponsored retirement plans such as their 401(k) plans. The good news for 401(k) plan participants is that your retirement plan assets are very portable so you may be able to keep your existing 401(k) plan assets in a tax-deferred environment.

The trick is to resist the urge to use the monies. After tucking money away in your 401(k) for quite some time, you may be tempted to use it to treat yourself to a new car or some other indulgence. Because it could literally take years to replace your existing 401(k) funds, you should think carefully before prematurely taking money from your retirement savings.

A hasty withdrawal decision by someone under age 55 could easily wipe out a third of your 401(k) assets. If you decide you want a lump-sum withdrawal paid directly to you, the 401(k) plan trustee must withhold 20% for federal income tax and, if you do not attain age 55 prior to the end of the year in which you separate from service, the trustee must also withhold an additional 10% premature distribution penalty. So you will receive a net payout of 70 to 80% of your existing 401(k) plan account balance. After age 55, however, the premature distribution penalty is no longer imposed if your withdrawal is prompted by your separation from service with the employer sponsoring the plan.

Of course, if you choose to take a withdrawal, you

110-6th Avenue North, Princeton WWW.BRIGHTCHILDCDC.COM

child development center

TELEPHONE: 763-389-4576

NOW ENROLLING

Ages 6 weeks

to

12 years old

may, within 60 days of the distribution, subsequently decide to deposit it into an IRA as a qualified rollover. However, for the withdrawal and re-contribution to be a tax neutral event, you would need to deposit the gross distribution amount into the IRA, which means you need to replace the withheld monies with funds from another resource such as your personal savings.

If you can resist the urge to take a withdrawal when you change jobs, you are one step closer to making a distribution decision that will preserve your hardearned money. To be in the best position to make an informed decision, you should consider other options available for your existing 401(k) assets, such as:

- leave your assets in the 401(k) plan,
- transfer your assets to a new employer's 401(k) or retirement plan, or
 - roll your assets into an IRA.

Your 401(k) plan account balance represents your savings; therefore, it is important to make informed distribution decisions that will preserve your hardearned money. To learn more about the portability of your 401(k) assets, or for more information or for more information on preserving your 401(k) assets and 401(k) retirement planning strategies based on your particular situation, please contact a Financial Advisor for a complimentary consultation.

This material was prepared by Raymond James for use by Michael Monson Financial Advisor of Raymong James Financial Services, Inc. Member FINRA/SIPC. Bremer Investment Services 763-389-6129.



Lost your insurance? High deductible?

RRHS Primary Health Care Clinic Can Help!

Every Thursday, 5:30-8:30

Some Tuesday appointments available. Please call to check availability.

Services include:

Minor Illness Pre-natal (non high-risk) Women's Health Adult Well Exams

Affordable, compassionate care! 1506 1st Street, Princeton 1-800-964-8524 763-389-5080



GET MORE POCKET MONEY! Open a Spire Free Checking account & vou'll receive \$85!

Stop by the branch and talk to Lori, Kristen or any member of our staff for details.

Local: 763-389-0138

Fax: 763-389-8570

501 S. 2nd St., Princeton 651.215.3500 • www.spire-banking.com



AUTO BODY OF PRINCETON, INC.

31320 125th St. N.W. • Princeton, MN 55371



Hail Damage Repair • Windshield Replacement • Repair Chipped Windshields Complete Collision Repair . Complete Frame & Unibody Repair . Free Loaners . Custom Painting Tires • Car & Truck Accessories • Custom Wheels • Auto Starters Installed









FREE ESTIMATES



SHOP LOCAL — SUPPORT PRINCET Help support local businesses to ensure a strong community!

General Membership Meeting

Tuesday, June 4 location T.B.D. 11:30 a.m.

PLEASE RSVP by Noon June 3 763-389-1764

The PACC is

LOOKING FOR VOLUNTEERS

to help at the many events during the year.

Call the Chamber Office at 763-389-1764 to help!

The items contained herein are published as submitted and are provided for general information purposes only. The Princeton Area Chamber of Commerce does not necessarily endorse the views expressed herein, nor does it guarantee the accuracy or completeness of any information presented. No responsibility on behalf of the Princeton Area Chamber of Commerce is accepted for any errors or omissions or results of any actions based upon this information. If you have any questions regarding any of the items, opinions or views within the content of this newsletter please contact the organizational representative of that source.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



SATURDAY

Tuesdays in the Park Schedule:

June 4: Princeton High School June 11: Everett Smithson June 18: Jerry Chmielewski June 25: A K Blackburn Trio

July 2: Tarvey's July 9: Elizabeth Keeney MN Idol Butterfly Tour @ Sherburne July 16: BLT Band July 23: Tom Vrchota

National Wildlife Refuge 8-11 a.m. Junior Ambassador Pageant 2-4 p.m.

Business Networking Group Mtg. 8:30 a.m. General Membership Mtg. 11:30 a.m. Tuesdays in the Park @

Mille Lacs Depot Museum

Tuesdays in the Park @

Mille Lacs Depot Museum

11

PACC Board Meeting 4 p.m. @ City Hall

Distinguished Service

Award Banquet

@ Princeton VFW

Citywide Garage Sale & Downtown Sidewalk Sales Rum River Festival Parade 6 p.m.

20

27

UMSS Spring Cars p.m. Start @ Princeton Speedway

Citywide

Music w/Alan Godage & Sundown @ Riverside Park RR Fest.Race Night @

Wildflower & Bumblebee Tour at Sherburne National Wildlife Refuge 10 a.m.-12 p.m.

Princeton Speedway 7 p.m.

Rum River 5K Run 8:30 a.m. -4 p.m. Street Fair & Car Show

9 a.m.-5 p.m. 22

Lions Airport Brunch w/Car & Model Airplane Show 7 a.m.-12:30 p.m.

"This Side of Heaven music group at Senior

Dining Center, 2-4 p.m.

Princeton Ambassador

Pageant, 6 p.m.

16

23

30

17

24

Medallion Hunt begins

FOCUS Deadline

Visionary Committee Mtg.

8 a.m. @ Kbob

Chamber Business Networking Group Mtg. 8:30 a.m. Tuesdays in the Park @ Mille Lacs Depot Museum

PACC Board Meeting

19

4 p.m. @ City Hall

Kids night at Princeton Speedway 7 p.m. Start Butterfly Tour @ Sherburne National Wildlife Refuge 10 a.m.-12 p.m.

21

Visionary Committee Mtg. Tuesdays in the Park @ 8 a.m. @ K-Bob's Mille Lacs Depot Museum







